

WellSteps Foundations Solution For Outcomes-Based Wellness Initiatives

The WellSteps Foundations Solution Includes:

- ✓ Personal Program Center and App for every employee
- ✓ Personal Health Assessment with Health Report Card and Dashboard
- ✓ Rewards, a powerful activity and incentive tracking tool
- ✓ Wellness Plan lets employees know when they have met requirements
- ✓ Screening Reminder helps participants with annual check-up details
- ✓ My Tracker helps track health behaviors and syncs with wearables
- ✓ Social is a platform that allows users to share successes and ideas with co-workers
- ✓ Biometric data upload process
- ✓ Electronic marketing and communication materials
- ✓ Wellness Compliance Checker to help with ERISA, HIPAA, and GINA
- ✓ A dedicated WellSteps “Guide”

Employer Benefits

- ✓ Track baseline health risks and change in risk over time with the aggregate report dashboard
- ✓ See objective change in biometric values that are integrated with Personal Health Assessment
- ✓ Eliminate privacy concerns when we process biometric data forms that include physician sign-off
- ✓ Tailor the structure of our best-practice based, wellness activity tracking program called Rewards
- ✓ Access aggregate reports and user activity reports anytime; both reports are real-time updated
- ✓ Receive a formal report at the end of each year
- ✓ Get assistance from a WellSteps Guide who recommends best-practices and builds your program
- ✓ Rest easy knowing that employee data are archived and protected with military grade security

Employee Features

- ✓ Simple registration process and Personal Health Assessment that takes just 5-7 minutes
- ✓ Individual dashboard with a Health Report Card so health risks are easy to identify
- ✓ Real-time feedback is paired with a goal setting tool called My Tracker which syncs with wearables
- ✓ Wellness Plan helps employees know whether they have completed outcomes requirements
- ✓ Rewards activity tracker allows employees to complete and report wellness activities monthly
- ✓ Employees can see progress toward several levels status and the rewards available at each level
- ✓ Single biometric form simplifies the collection, interpretation, and reporting of biometric data
- ✓ This form includes space for physician signature OR program exemption for easy appeals process