What is the Secret of Our Success?

WellSteps worksite wellness solutions:

• Improve health behaviors,
• Lower health risks, and
• Bend the cost trend

We have the peer-reviewed evidence to prove it (wellsteps.com, click “What We Do”).

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How do we do it? Our secret is our WellSteps Guides. Here is what they do.

Overall Program Management

• Track implementation progress using a Strategic Roadmap
• Schedule Wellness Committee meetings
• Lead the worksite culture audit and change process

Build a Tailored Online Program Center with:

• Your logo
• Your CEO’s image
• A custom “Welcome” message prepared for you (or you can write your own)

Prepare and Deliver Materials for Campaigns and for Marketing

• Print and deliver branded posters, flyers and table top tents for all locations
• Package and deliver behavior change materials such as books for all locations
• Manage incentive distribution process

Manage All Technological Requirements

• Process and upload your employees into our system
• Enable the Personal Health Assessment
• Schedule behavior change campaigns and associated emails
• Facilitate development of wellness activity list then program it into our system

Evaluation

• Provide campaign outcome reports with employee comments
• Prepare and deliver an aggregate Personal Health Assessment report
• Provide an executive summary of program outcomes